

## The History

This formula originated with the Ojibway Indian tribe from Ontario Canada many years ago. It consists of burdock root, sheep sorrel, slippery elm bark, and Indian (also known as Turkey) rhubarb, mixed in certain proportions. This formula started when a medicine man prepared this formula in the 1800's for a woman suffering from breast cancer. She drank the tea daily, and slowly her tumor diminished altogether, leaving only scar tissue where it had once been.

In 1922, a nurse from Canada named Rene Caisse heard of this remarkable herbal formula. Rene gave it to her aunt, who recovered from inoperable cancer after taking it. Doctors began referring their "hopeless" cases to her. After many experiments, Rene refined the formula so it could be taken with no side effects.

For many years following Nurse Caisse ran a compassionate cancer clinic charging no fee. Because she was not a doctor and her treatment was "unproven", (although she always kept her own records) she was continually threatened with arrest for practicing without a licence. Although she had thousands of supporters, she finally closed the clinic.

When Rene died in 1978, she had been using this formula successfully for over 50 years. The Canadian Ministry of Health destroyed all of her records. The formula was later released by close friends that had worked closely with Rene. The name "Essiac" (her last name spelled backwards) is now trademarked. We use the name "Easiac" here to keep the herbs affordable for everyone.

Today, the use of this herbal formula is wide spread throughout Canada and the United States. Many books and articles have been published reporting a multitude of incredible success stories.

The FDA declines to study or approve such a formula because its pure plant base cannot be patented or synthetically reproduced to cover their expenses and profitability, considering the billions of dollars spent on Cancer Research.

## The Four Herbs Used

*(note: the proportions used are very specifically blended)*

**Burdock Root-** (Arctium lappa) Burdock root has been used for centuries as a powerful blood purifier and may clear congestion in circulatory, lymphatic, respiratory, and urinary systems. It stimulates the production of bile and helps liver function, relieving liver disorders and improving digestion. It can help detoxify the kidneys and gall bladder

Burdock root is rich in vitamin A, B-complex, and vitamins E and P. It also contains high amounts of chromium, cobalt, iron, magnesium, phosphorus, silicon, zinc, selenium, sodium and potassium. It helps eliminate free-radicals. Inulin, which is a principle ingredient, helps to strengthen the organs and regulates blood sugar metabolism.

**Slippery Elm Bark-**( Ulmus fulva) Slippery Elm is one of nature's miracle cleansers, dissolving mucous that has been deposited in organ tissue, lymph glands, and nerve channels. It is rich in mucilage, lubricating and protecting the membrane linings in the body, especially damaged and inflamed tissues. This inner bark is rich in calcium, magnesium, and vitamins A,B,C, and K. It also helps neutralize acids from indigestion.

**Sheep Sorrel-** (Rumex acetosella) Traditionally used as a folk remedy for cancer, sheep sorrel helps in attacking and breaking down tumors. It also helps relieve internal ulcers, and many skin diseases. Sheep Sorrel has high amounts of Vitamins A, B complex, C,D,E,K,P, and Vitamin U. It is rich in a wide variety of minerals, including carotenoids and chlorophyll, and several organic acids. It can help to inhibit chromosome damage, increase your resistance to X-rays, and reduce the damaging effects of radiation. It also helps to raise the oxygen levels in the blood.

**Turkey Rhubarb** - (Rheum palmatum) This herb helps to purge the body of bile, parasites, and stagnated food by stimulating the gall duct to expel toxic waste matter and cleansing the liver. It can improve digestion and increase the appetite. Rhubarb root extract has been shown to have antibiotic, anti-microbial, and anti-tumor properties. It contains both vitamins and minerals, and a remarkable substance called rhein, which inhibits the growth of pathogenic bacteria in the intestines.

**Remember to be patient and continue taking Easiac for an extended period of time. This will allow the herbs time to do a thorough job. It helps to rebalance and re-educate the body, as it continues to cleanse and support.**

## S

*This information is provided for educational purposes. The FDA has not approved these statements or the formula. This is not claiming to cure, treat, or prevent any disease. It is considered safe and non-toxic, and may be used in conjunction with other treatments. Individuals should educate themselves fully and take responsibility for their personal health care choices.*

*It is our belief that a "Holistic" approach is most helpful. This should include caring for the body through nutrition and herbal support, as well as caring for the emotional, spiritual, and mental health of each individual. Please seek proper treatment when needed.*

### **Recommended Reading:**

Options, The Alternative Cancer Therapy Book by Richard Walters, Avery Publ. Group

Calling of an Angel by Gary L. Glum, Silent Walker Publishing

The Treatment of Cancer with Herbs, by John Heinerman, BiWorld Publishers.

The Essiac Report -Canada's Remarkable Unknown Cancer Remedy, by Richard Thomas

Breast Cancer? Breast Health! by Susun Weed  
Ash Tree Publishing

The Cure for All Cancers - Dr. Hulda Regehr Clark,  
ProMotion Publishing.

**Visit [www.crystalgardenherbs.com](http://www.crystalgardenherbs.com)  
for more articles, info, and ordering.**



## About the quality of our herbs

At **Crystal Garden Herbs**, we use ONLY organically grown or respectfully wild-crafted herbs. The herbs in this formula are non-toxic, not irradiated, or fumigated, pesticide-free, and nothing extra has been added.

We believe that herbal medicine is the "People's Medicine" as provided by our Creator and Mother Nature for the health and survival of all races and species co-habiting on this planet. These should be available and affordable for everyone! We hold the highest respect and gratitude for all that she has provided and fully honor her every gift.

**Available as a Tea or Concentrated Extract - 'Easiac Tea'** Order a 2 oz., 8 oz. or 16 oz. size bag of the pre-blended herbs, ready to prepare. 1 oz. will make one gallon of concentrated tea.  
*Economical!*

**'Easiac Extract'** - Concentrated liquid available in 2 oz., 4 oz., or 8 oz. size bottles. Suggested dosage is 1/4 - 1/2 tsp. 2 or 3 times a day mixed in water or juice.

**'Enhanced Easiac' Extract** - Contains the same four Easiac herbs with Pau D'arco and Mistletoe to further inhibit and reduce tumor growth, Astragalus to build and support the spleen and immune system, and St. Johnswort to oxygenate the cells and improve resistance, plus flower essences for emotional balance.  
*(Note- since the extracts do contain a small amount of alcohol, those who are sensitive may place the extract in a cup of hot water and allow the alcohol to evaporate before drinking.)*

**To order, please contact:**

**Crystal Garden Herbs  
504 Masterson Rd.  
Bethel, VT 05032**

**1-(888) 531-8483 tollfree**

**Visit our award-winning site:**

**[www.crystalgardenherbs.com](http://www.crystalgardenherbs.com)**

## Preparing the Tea

1. Bring 1 gallon of pure distilled water to a rolling boil in a stainless steel pot (do not use copper or aluminum).
2. Turn down the heat to low. Stir in 1 ounce of pre-mixed Easiac Blend (about a 1/2 cup), mix and cover immediately, GENTLY simmering the herbs for 10 minutes.
3. Turn off the stove, and stir the herbs to mix thoroughly. Let stand covered for at least 6 hours, or overnight.
4. Again bring the tea to a boil and gently simmer covered for 10 minutes. Carefully strain off the liquid. Use a funnel to pour hot liquid into clean glass bottles (sterilized juice bottles or canning jars will work). Tighten the caps and allow to cool: then tighten the caps again.
5. Refrigerate. This contains NO preservatives. If mold develops, discard immediately. Note: All bottles and caps must be sterilized before each use.

**Suggested Use:** ( Shake bottle well before using)

**Adults:** Add 1 to 2 oz. of Easiac to a small amount of pure water. Mix and drink. Best if taken on an empty stomach. May be taken 1-3 times a day. This is a concentrated tea. Maximum daily amount is 6 oz.

**Children:** 1/2 oz. 3x day. Maximum daily amount 1 1/2 to 2 oz. Keep out of their reach.

**Infants:** 1/4 oz. mixed with water, up to 3x day.

Maximum daily amount is 1 oz. **IMPORTANT - Please seek the advice of a qualified health care provider, preferably a Naturopathic Doctor, when treating small children with herbs!**

**Please Note Regarding Preventive use:**

Do NOT use on children for preventive purposes. For adults, use only once a day for prevention. Its effects are different for everyone who uses it. It seems to adapt itself to whatever the problem is.

# Easiac

## An Herbal Folk Cancer Remedy

from



2 oz. ( makes 2 gallons)

*Originated by the Ojibway Indians*

*Used Extensively by Rene Caisse, R.N.*

*Contains Burdock Root, Slippery Elm Bark,  
Sheep Sorrel, and Turkey Rhubarb.*

Distributed by Crystal Garden Herbs

Barnard, Vermont

Tollfree 1-888-531-8483

Visit our award-winning website!

**[www.CrystalGardenHerbs.com](http://www.CrystalGardenHerbs.com)**